

Alcoholics Anonymous

Regina & Districts 15, 17 & 18 Meeting Directory

The codes are as follows:

(ONL) Online Meeting
(HYB) Online & Face to Face Meeting
(SOC) Social Distancing -COVID-19
(MSK) Face Mask Required

(O) Open
(AL-AN) Al-Anon & AA
(D) Discussion
(ST) 12 Step Study
(12X12) 12x12 Book Study
(BE) Beginner's Meeting
(W) Women's Meeting

(C) Closed
(CAN) Candle Light
(SP) Speaker
(LIT) Literature Study
(A) Agnostic Meeting
(M) Men's Meeting
(X) Wheelchair Access

Closed Meetings: Only those with a desire to stop drinking may attend closed A.A. meetings.

Open Meetings: Non-alcoholics may attend open A.A. meetings as observers.

**ONLINE MEETINGS CAN BE
FOUND ON OUR WEBSITE:**

<https://aaregina.org>



Prepared by Regina AA Intergroup

Office:
#107-845 Broad Street
Regina, SK S4R 8G9

Hours:
Monday - Friday
10:00pm – 3:00pm
Closed Statutory Holidays

24/7 Answering Line: (306) 801-6500
AA Central Office Phone: (306) 545-9300

E-mail: a.a@sasktel.net

Web: www.aaregina.com

24 Hour Answering Service:
(306) 801-6500

***ALL MEETINGS IN THIS DIRECTORY ARE
CLOSED UNLESS OTHERWISE STATED***

Closed Meetings: Only those with a
desire to stop drinking may attend
closed A.A. meetings.

Open Meetings: Open Meetings: Non-
alcoholics may attend **open** A.A.
meetings as observers.

April 2023

Sunday (cont)

9:00 am	Sunday @ 9 (C,X) Ramada Hotel, 1818 Victoria Ave, Regina
10:00 am	Sunday Sunrise ** (O,X) Alano Club, 1165 Pasqua St, Regina restaunt door
11:00 am	Fellowship ** (O) Eagles Club, 1600 Halifax St, Regina
	Meeting in the Park ** (AL-AN,BE,O,X,W) Lakeshore Park Kwakiutl Totem Pole, Wascana Dr, Regina outdoor meeting
6:00 pm	Step Study Meeting (ST) Alano Club, 1165 Pasqua St, Regina restaunt door Step group meeting - any one welcome, no sign up necessary.
7:30 pm	Vista (C,X) North East Community Centre, 160 Broad St, Regina
	Northside (C,X) St. Peter's Roman Catholic Church, 100 Argyle St N, Regina

Monday

7:00 am	Monday Breakfast (C,X) SureStay Plus Hotel, 777 Albert St, Regina
Noon	Acceptance Is The Answer ** (O,X) Alano Club, 1165 Pasqua St, Regina restaunt door
	Out To Lunch Bunch (C,X) SureStay Plus Hotel, 777 Albert St, Regina
12:10 pm	Noon East Side - Hybrid ** (AL-AN,HYB,O,ONL) Sonlight Christian Reformed Church, 139 Cannon St, Regina UPDATE: This is a Hybrid meeting. Online and Face to Face. . INFO: https://zoom.us/j Zoom Meeting ID: 446 300 529 Password: 447481
5:25 pm	Rolling Home (C,X) Alano Club, 1165 Pasqua St, Regina restaunt door
5:30 pm	Solomon Recovery Group ** (O) Solomon Social Club, G98X+XF5 Regina, SK 1771 Culver Ave. Unit #3B
8:00 pm	Massey Road Group - Hybrid (C,HYB,X,ONL) All Saints Anglican Church, 142 Massey Rd, Regina UPDATE: This is a Hybrid meeting. Online and Face to Face. . INFO: http://zoom.us/j Zoom Meeting ID: 816 2239 3498 Password: 1935
	Craven ** (O,X) Craven Community Hall, 9 Tennant St, Craven

Monday (cont)

8:00 pm **Harmony (C,X)**
Living Spirit Centre, 3018 Doan Dr, Regina
IMPORTANT: This meeting is SEPARATE from the online meeting

12 Steps to Recovery (C,X)
North East Community Centre, 160 Broad St, Regina

Novalco (C,X)

Our Savior's Lutheran Church, 190 Massey Rd, Regina
Use Parking Lot Door

South Hillsdale - Hybrid (C,HYB,X,ONL)

Wesley United Church, 3913 Hillsdale St, Regina
UPDATE: This is a Hybrid meeting. Online and Face to Face. Meeting ID: 770 430 6658 Password: 1MZLU8

8:30 pm **Fellowship (C)**
Westminster United Church, 3025 13th Ave, Regina
Please use back alley entrance, if door is locked buzz and someone will let you in

Tuesday

Noon **Acceptance Is The Answer ** (O,X)**
Alano Club, 1165 Pasqua St, Regina restaurant door

No Name (C,X)

St. Paul's Cathedral, 1859 McIntyre St, Regina
Face Masks are welcome, but not required

5:25 pm **Rolling Home (C,X)**
Alano Club, 1165 Pasqua St, Regina restaurant door

7:00 pm **Weekly Reflections ** (O,X)**
Harvest City Christian Academy, 2202 8 Ave N, Regina
Staff Room (follow the signs) Parking available close to door

7:30 pm **Nu-Life (C)**
First Presbyterian Church, 2170 Albert St, Regina Use
14th Avenue Side Door Entrance

Four Aces ** (O,X)

Indigenous Christian Fellowship, 3131 Dewdney Ave,
Regina Use Back Door

Walsh Acres (C,X)

New Hope Lutheran Church, 370 McIntosh St N, Regina
Use Northeast Door

8:00 pm **Vibank (C)**
Vibank St. Paul's Church, 301 Main St, Vibank
UPDATE: Face Masks are Preferred but not Mandatory
Open Meeting Last Tuesday Of Month

Wednesday

Noon **Acceptance Is The Answer ** (O,X)**
Alano Club, 1165 Pasqua St, Regina restaurant door

Wednesday (cont)

Noon **Out To Lunch Bunch (C,X)**
SureStay Plus Hotel, 777 Albert St, Regina

5:25 pm **Rolling Home (C,X)**
Alano Club, 1165 Pasqua St, Regina restaurant door

7:00 pm **The Promises (C,X)**
Cathedral Neighborhood Centre, 2900 13th Ave, Regina
Art Room - 2nd Floor
Doors may be locked after 7:15pm (note on door how to text to get in)

7:30 pm **One Way (C)**
St. Mary's Anglican Church, 3337 15th Ave, Regina Use
Montague St. Door

Wascana Rehab Meeting (O,X)

Wascana Rehab Centre, 2180 23 Ave, Regina 2nd floor
beside Cafeteria
Meeting Room 5 in the Wascana Rehabilitation Centre

8:00 pm **Heartview (C,X)**
Little Flower Parish, 420 College Ave, Regina
IMPORTANT: This meeting is separate from the online meeting. Open Meeting Last Wednesday Of The Month

Novalco (C,ST,X)

Our Savior's Lutheran Church, 190 Massey Rd, Regina
Use Parking Lot Door
Step Series

Southey (C,X)

Southey United Church, 185 CanAm Hwy, Southey back
doors on west side of building
Open meeting last Wednesday of the month

Thursday

Noon **Acceptance Is The Answer ** (O,X)**
Alano Club, 1165 Pasqua St, Regina restaurant door

No Name (C,X)

St. Paul's Cathedral, 1859 McIntyre St, Regina
Face Masks are welcome, but not required

5:25 pm **Rolling Home (C,X)**
Alano Club, 1165 Pasqua St, Regina restaurant door

7:00 pm **Wolsley (O)**
Wolsley St. James United Church, 404 Varennes St,
Wolsley INFO: Meeting is upstairs INFO: Enter through
the Annex, not the church

8:00 pm **Northern Lights (C)**
Avonhurst Pentecostal Assembly, 3200 Avonhurst Dr,
Regina North Parking Lot Door

Free Speech (C,X)

Holy Child Roman Catholic Church, 2636 7th Ave E,
Regina
Open Meeting Last Thursday Of The Month

Thursday (cont)

8:00 pm **Lumsden Valley (C)**
St. Peter's Roman Catholic Church, 310 Lake St,
Lumsden
Open Meeting Last Thursday Of Month

8:30 pm **Fellowship (C)**
Westminster United Church, 3025 13th Ave, Regina
Please use back alley entrance, if door is locked buzz
and someone will let you in

Friday

Noon **Friday Eureka Fellowship Group (C,X)**
Alano Club, 1165 Pasqua St, Regina restaurant door

Out To Lunch Bunch (C,X)

SureStay Plus Hotel, 777 Albert St, Regina

5:25 pm **Rolling Home (C,X)**
Alano Club, 1165 Pasqua St, Regina restaurant door

7:30 pm **Nu-Life (C)**
First Presbyterian Church, 2170 Albert St, Regina Use
14th Avenue Side Door Entrance

Fireside ** (CAN,O)

Sonlight Christian Reformed Church, 139 Cannon St,
Regina

Women's Serenity (C,X,W)

St. James United Church, 4506 Sherwood Dr, Regina

Namaste (C,MED,X)

Sunset United Church, 177 Sunset Dr, Regina

8:00 pm **Day One (C,MSK)**
St. Andrew's United Church, 194 Bay Ave, Fort
Qu'Appelle Main Floor
IMPORTANT: Face Masks are REQUIRED!

9:00 pm **North Gate ** (O,X)**
North East Community Centre, 160 Broad St, Regina

Saturday

9:00 am **Saturday At 9 (C,X)**
Alano Club, 1165 Pasqua St, Regina restaurant door

10:00 am **The 43rd (C,X)**
Knox Metropolitan Church, 2340 Victoria Ave, Regina
Use Victoria Avenue Entrance
UPDATE: Face Masks are preferred but not mandatory.
Regina Beach ** (O)
United Church, Green Ave, Regina Beach

11:00 am **Kindred Spirits ** (O,X)**
Kiwani's Waterfall Park, 2755 Elphinstone St, Regina
Meet below parking lot across from waterfall. Bring your
own chair and beverage.
Outdoor meeting

Saturday (cont)

- 7:30 pm **Experience, Strength and Hope (C,X)**
Alano Club, 1165 Pasqua St, Regina restaraunt door
Open Meeting First Saturday Of The Month.
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- Nor-West (12x12,C,X)**
St. James United Church, 4506 Sherwood Dr, Regina
Open Meeting Last Saturday Of The Month
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- 9:00 pm **Jaywalkers ** (O,X)**
North East Community Centre, 160 Broad St, Regina